
Schoenstatt: A Little Gift of Prayer

Schoenstatt Scotland



Lord, I recognise that my human inclination like so many others, centres on establishing and confirming what I am and what I have. In this state I am fundamentally self-protective. My ultimate aspiration has been to reinforce who I am and what I have. In our contemporary world I am made to feel almost completely and naïvely, self-made. I have done it through self-enhancement in so many ways, educationally, physically, vocationally, emotionally and spiritually. In essence, I need to be recreated. And so I need to be un-done, My protective shell must be cracked and made vulnerable. My social-mask must be dropped, and my false-self faced. All of the following; tragedy, turmoil, illness, loss and ageing can undo me. It is just too easy and straightforward to repair the openings these learning opportunities bring to me, but I must not! Dear Lord give me strength to turn from self-defence, self-pity, depression or bitterness, to vulnerability, to change myself for the better; to grow in You. Let me see Your re-creative activity in me, for in being remade in Your love, I will become my true self.



Without you I am nothing, Dear Lord restore me to real life in You!